



# THE COMPASSIONATE FRIENDS of the Pikes Peak Region

September, 2010 Newsletter

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## Upcoming Events

September 16th - General Meeting- 7:00 p.m. - First Baptist Church  
October 21st - General Meeting- 7:00 p.m. - First Baptist Church

### TELEPHONE FRIENDS

Any of these members may be contacted to talk to you about your loss:

#### CHAPTER LEADER

LARAINÉ ANDERSON 351-7653

#### INFANT LOSS

COLLEEN & ART MANNON 535-9868

#### TODDLER / YOUNG CHILD LOSS

BOB & YVETTE THOMPSON 573-2743

#### LEUKEMIA

JANE & STEVE GABRIEL 282-1924

#### TEEN / YOUNG ADULT LOSS

BARB REYNOLDS 599-0772

#### SUICIDE

LARITA ARCHIBALD 596-2575

#### DRUG / ALCOHOL LOSS

STEWART & LETA LEVETT 531-5488

#### SKATEBOARD / AUTO ACCIDENT

RAYE WILSON (303) 814-9478



## Welcome

Our support group meets on the 3rd Thursday of each month at 7 p.m. Meetings are open to the parents, grandparents and older siblings of your loved one. We meet at the **First Baptist Church** downtown at 317 E. Kiowa. We understand your pain; won't you let us help you through your grief?

Our next meeting will be on September 16th, 2010.

It is often difficult to attend your first meeting, but those who do find an atmosphere of support from other parents who understand a parent's grief. Nothing is asked of you; there are no fees; you do not have to speak a word if you do not care to. If you are more comfortable bringing a friend or relative along with you, please do. Many find these meetings help them to heal; and together we learn to live with our loss. We learn that ***we need not walk alone.***

## ORGANIZATIONAL CONTACTS

TCF National Office  
P.O. Box 3656  
Oak Brook, IL 60522  
630-990-0010 or toll free 877-969-0010

EMAIL: [nationaloffice@compassionatefriends.org](mailto:nationaloffice@compassionatefriends.org)

WEBSITES: National - [www.compassionatefriends.org](http://www.compassionatefriends.org)  
Colorado - [www.tcfcolorado.org](http://www.tcfcolorado.org)

## Colorado Website Back Online

After a couple years hiatus the Colorado TCF website is back online. There are some new features that have been added and some of the more cumbersome areas of the site have been eliminated.

With the website up and running again, I will be updating the Colorado Springs portion of the site and will be correcting the broken links so you may view past issues of our newsletter.

Visit the website at [www.tcfcolorado.org](http://www.tcfcolorado.org)



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## Love Gift Donations

Our chapter exists entirely through your donations which are tax deductible. Love Gifts enable us to continue our outreach to bereaved parents through our many chapter activities. A Love Gift is money donated to the chapter in memory of your child who has died. If you feel a Love Gift is an appropriate way to honor the memory of your child, please consider a donation, large or small. Please fill out the form located in this newsletter and mail it to the address listed. All pictures submitted will be returned unless you specify for us to keep them and place them on our Child Remembered board displayed at monthly meetings.

### **SUBMISSION GUIDELINES**

**\$50 or more** - Newsletter Sponsor. May include a full page for printing. Please remember to send your page "Copy Ready" as you would like to see it printed in the newsletter.

**\$0 to \$50** - A picture, if available, and dedication to be listed in the newsletter.

**These items must be received by the 10th of the month preceding the issue in which you would like them to appear. Love Gift donations should be sent directly to our treasurer, Frank Schager whose address is listed on the Love Gift Donation Form.**



Tell us what you want. Is there something specific that you'd like to see? Perhaps more stories or articles on healing? Recommendations for books or poems written by other TCF members?

Do you have a poem or a prayer, story or picture that you would like to share? We also welcome your contributions to our newsletter whether original or something you may have read. If submitting something you've read or know is copyrighted material, you must obtain written permission from the author prior to us going to publication.

Please address any submissions to:

Stew Levett  
160 El Dorado Lane  
Colorado Springs, CO 80919

Or write to: [Stewart@Archangelgifts.com](mailto:Stewart@Archangelgifts.com)

Submissions need to be received by the 10th of the month to be included in the following month's newsletter. Thank you.

## LOVE GIFT DONATION

Your Name \_\_\_\_\_

Child's Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Anniversary Date \_\_\_\_\_

Dedication \_\_\_\_\_

Picture Enclosed: YES  NO

Mail to:  
Frank Schager  
2235 McArthur Ave.  
Colorado Springs, CO 80909

## Angel Eyes: Giving Comfort, Providing Hope

Our group offers bereavement services for parents, families, friends and caregivers who have been affected by the sudden unexpected loss of an infant or toddler. This group offers you a comfortable place to heal and learn how to live with your loss. Nothing is asked of you; you do not have to speak if you choose not to.

People who have received bereavement services report that it is very helpful for them to have people to talk to who can understand the grief of losing an infant or young child. This group is a safe place where you can talk about both your grief and the precious memories you have of your child. Each month we will begin with a particular topic, talk about how you might be affected and have time for general sharing.

The group is led by an ANGEL EYES social worker whose mission is to help families and others cope with the sudden, unexpected death of an infant or toddler throughout the state by providing a range of bereavement services. For additional help and information: **Angel Eyes 1-888-285-7437**  
Web site: [www.angeleyes.org](http://www.angeleyes.org)

### Meetings are held the 3rd Monday of the Month

**Location:** Colorado Springs Penrose Library, 20 N. Cascade Ave  
**Time:** 6:30 p.m. - 8:30 p.m.

There is no cost and parking is free at the meters after 6:00 p.m.



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## TCF CANDLELIGHT MEMORIAL

Now is the time to be thinking about submitting your photos and dedications for our annual TCF Candlelight Memorial on December 12th.

Once again we request that you contact us to have your child's slide included in our memorial. Slides from previous years may be used again this year or you may submit new photos. Please limit your photos to (3) three and your dedication should be short so everything will be viewable on the slide. Please remember, the better the photo you submit, the better your dedication will look.

Prior years' submissions will be read as a dedication if we don't hear back from you.

**DEADLINE FOR SUBMISSIONS IS SATURDAY, DECEMBER 4th, 2010**

Join us for  
The Compassionate Friends  
Worldwide Candle Lighting  
December 12, 2010!

### Worldwide Candle Lighting

Held annually the second Sunday in December, this year December 12, 2010, The Compassionate Friends Worldwide Candle Lighting unites family and friends around the globe in lighting candles for one hour to honor and remember children who have died at any age from any cause. As candles are lit at 7 p.m. local time, creating a virtual wave of light, hundreds of thousands of persons commemorate and honor the memory of children in a way that transcends all ethnic, cultural, religious, and political boundaries.

Now believed to be the largest mass candle lighting on the globe, the Worldwide Candle Lighting, a gift to the bereavement community from The Compassionate Friends, creates a virtual 24-hour wave of light as it moves from time zone to time zone. Hundreds of formal candle lighting events are held and thousands of informal candle lightings are conducted in homes as families gather in quiet remembrance of children who have died, but will never be forgotten.



Your Name \_\_\_\_\_

Your Address \_\_\_\_\_

Your Phone \_\_\_\_\_ Email \_\_\_\_\_

Child's Name As You'd Like it to Appear \_\_\_\_\_ Cause of Death (Optional) \_\_\_\_\_

Child's Birthdate \_\_\_\_\_ Child's Memorial Date \_\_\_\_\_ Number of Pictures Included \_\_\_\_\_

Dedication \_\_\_\_\_

Please create my slide with information and pictures provided.

Please use last year's slide.  Please return pictures when finished



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## God Shed a Tear

*God shed a tear  
Before I shed a tear*

*God felt the pain  
Before I felt the pain*

*God reached out  
Before I reached out*

*God started the healing  
Before I started to heal*

*In memory of Keith Barrett 03/08/64 ~ 08/09/80  
Ree Barrett - Pikes Peak TCF*

## **NEW: Create a Memorial Website to Remember Your Child, Sibling, or Grandchild!!**

The Compassionate Friends is pleased to offer you the opportunity through a partnership with premier Internet memorial website Legacy.com for you, your friends, and family to remember and pay tribute to a special child online. These memorial websites are really easy to make (you can create one in as little as five minutes--or you can be as creative as you wish), giving you a timeless and touching site for you, family, and friends to remember and honor the child you miss, but will always remember.

To review a couple of websites on Legacy.com, created by bereaved parents, please visit <http://memorialwebsites.legacy.com/BlakeMcKenzieHarris/homepage.aspx> (created and sponsored by Blake Harris' Dad) and <http://memorialwebsites.legacy.com/SNOOKIE/homepage.aspx> (created and sponsored by Samantha Davis' Mom).

When you enter through our portal, a portion of the proceeds from the memorial website you create will go to support The Compassionate Friends and its many national programs designed to aid families going through the natural grieving process following the death of a child. We are currently offering you a FREE 14 day trial and, for a limited time, you'll receive 25% off your first year sponsorship of your site! For more information and to start creating your site, please visit Create a Memorial Website!

You may want to keep in mind that the memorial website you create can make a wonderful gift!

## **To My Friends**

This is my pain  
Let me feel it.  
Don't tell me not to cry.  
I know you mean well, dear friend.  
But telling me not to cry,  
Tells me you don't understand.

But, how could you, really?  
Have you lost a child?  
Have you given birth, loved and laughed,  
And then watched him die?

This is my pain.  
Let me feel it.  
Be patient with me when I want to scream  
to cry  
or be crabby  
or talk about him  
or be alone.

This is my pain.  
Let me feel it.  
I know you'd take it all away,  
if you could.  
But you can't.

I can't avoid it,  
Or stuff it down somewhere,  
Or run away from it.  
Because it always finds me again.  
The cold, hard fact is,  
That I had a child that died,  
And it hurts.  
So I know, that this is my pain,  
And I have to feel it.  
To get through it.

*Carolyn Johnson, TCF Yuba City, CA*



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## Remembering Our Children On Their Birthdays

<u>Child's Name</u>	<u>Date of Birth</u>		
<u>Age at Death</u>	<u>Date of Death</u>	<u>Cause of Death</u>	<u>Compassionate Friend</u>
Paul Ketterson 48 years	Sep 5 Sep 5	Cirrhosis of liver	Will & Betty Ketterson
Katie Shorkey 24 years	Sep 8 Feb 3	Murder	Robert & Karen Shorkey
Joanna Lyn Terry 18 years	Sep 8 Sep 20	Cancer	Jack & Joyce Terry
Jackie Sanchez 22 years	Sep 9 Jun 21	Lupus	Mary Sanchez
Anton "Andy" George Horn 13 years	Sep 10 Jun 6	Ped / auto accident	Levi & Emma Horn
Nicholle Guy 14 years	Sep 11 Jun 22	Car accident	Lezlee Guy
Kimberly Elizabeth Pratt 17 years	Sep 12 Aug 27	Diabetes / epilepsy	Pam Bilberry
Fermin A. Vialpando 17 years	Sep 12 Oct 6	Heart defect	Sundae F. Vialpando
Lindsey Everding 18 years	Sep 14 Apr 10	Car accident	Trena Everding & Dave Kiefer
Philip Dix 24 years	Sep 14 Jul 14	Heart Failure	Ann Dix
Michael Ornelas 2 months	Sep 17 Nov 27	Waiting for heart	Annette & Chris Ornelas
Wade Lehman 19 years	Sep 17 Nov 24	Auto accident	Lori Lehman
Peter Joseph Noel 20 years	Sep 17 Feb 16		Janet Noel Starritt
Naomi Katherine Schwartz 1 year	Sep 18 Apr 16	Leukemia	Tim and Sonoko Schwartz
Joseph Michael Chavez 29 years	Sep 20 Nov 22	Pedestrian / motor vehicle	Herman & Patty Chavez
Leah Rae Wiley 23 years	Sep 22 Apr 21	Accidental drug overdose	Russ & Kelly Wiley
Amy Mae Lugenbeel 2 years	Sep 22 Jan 31	Seizure disorder	Terry & Barb Lugenbeel
Matthew Dale Wilson 14 years	Sep 23 Oct 28	Skateboard/car accident	Raye & Rick Wilson



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## Remembering Our Children On Their Birthdays

<u>Child's Name</u> <u>Age at Death</u>	<u>Date of Birth</u> <u>Date of Death</u>	<u>Cause of Death</u>	<u>Compassionate Friend</u>
Seth Herzog 11 years	Sep 23 Sep 24	Plane crash	Nancy Saltzman
Derrick Shane Moore 11 years	Sep 28 Aug 20	Electrocution	Ray & Deanna Moore
Genevieve Ann "Ginger" Derby 20 years	Sep 28 Sep 10		David Derby
James Michael Burroughs 43 years	Sep 29 Jun 24	Cancer	Arlene & Charles Burroughs
Chris Hatfield 28 years	Sep 30 Oct 6	4-wheeler accident	Cathy Hatfield Catherine Thompson
Andria Dawnielle Bear 11 months	Sep 30 Sep 13	Meningitis	Dona & Tanya Flores

## Remembering Our Children On Their Anniversaries

<u>Child's Name</u> <u>Age at Death</u>	<u>Date of Birth</u> <u>Date of Death</u>	<u>Cause of Death</u>	<u>Parent / Friend</u>
Lance Alan Rigby 21 years	Aug 25 Sep 1	Car accident	Deborah Rigby
Corey Reynolds 18 years	Jan 23 Sep 2	Bicycle / vehicle accident	Barb Reynolds
Patrick Roger Pennington 17 years	Nov 24 Sep 4	Rock climbing accident	Roger & Joan Pennington
Paul Ketterson 48 years	Sep 5 Sep 5	Cirrhosis of liver	Will & Betty Ketterson
Lisa Elaine Berns 2 months	Jul 6 Sep 6	SIDS	Robert (R.J.) & Lynn Berns
Genevieve Ann "Ginger" Derby 20 years	Sep 28 Sep 10		David Derby
Wyatt Travis Wilson 2 years	Oct 23 Sep 10	Metabolic Disorder / pneumonia	Elizabeth & Lance Wilson
Katie Kennedy 15 years	Dec 23 Sep 10	Cancer	Van & Kathy Kennedy
Wayne Allen Garrett 17 years	Mar 4 Sep 12	Airplane crash	Joyce and Greg Garrett
Andria Dawnielle Bear 11 months	Sep 30 Sep 13	Meningitis	Dona & Tanya Flores
Raul Garcia 19 years	Aug 21 Sep 17	Hit by Drunk Driver	Rena Gonzalez



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## Remembering Our Children On Their Anniversaries

<u>Child's Name</u>	<u>Date of Birth</u>		
<u>Age at Death</u>	<u>Date of Death</u>	<u>Cause of Death</u>	<u>Parent / Friend</u>
Ryan Thompson	Jul 1	Pool accident	Yvette & Bob Thompson
2 years	Sep 17		
Claire Palmer	Feb 12	Carbon monoxide poisoning	Jo & Lawrence Palmer
21 years	Sep 17		
Robert Beynon	Jun 25	Cancer	Bill & Donna Beynon
28 years	Sep 18		
Joanna Lyn Terry	Sep 8	Cancer	Jack & Joyce Terry
18 years	Sep 20		
Jeffrey Russell Schumaker	May 23	Auto accident	John & Vera Schumaker
31 years	Sep 20		
Zachary Nathaniel James	Dec 9	Drunk driver	Gloria & James Olsen
17 years	Sep 21		
James Russell Kempa	Aug 4	Heart attack	Russell & Gayle Kempa
15 years	Sep 22		
Paul Orcutt	Sep 22		Ann Blasingame
Clayton Neal Brehm	Aug 10	Accidental drug overdose	Ramona Atkinson
26 years	Sep 23		
Adam Herzog	Oct 5	Plane crash	Nancy Saltzman
12 years	Sep 24		
Seth Herzog	Sep 23	Plane crash	Nancy Saltzman
11 years	Sep 24		
Jacob Hunter Smathers	May 14	Go-cart accident	Patty, Becky & Renee Smathers
9 years	Sep 24		
Jamie Jackman	Jan 5	Croup	Sherry Jackman & Knelson Spooner
9 years	Sep 25		
Davey Christopher Hoffman	Dec 24		Elaine Hoffman
18 years	Sep 25		
Margaret McKean	Oct 18		Lilo McKean
39 years	Sep 26		
Brian Hartzell	Oct 18	Motorcycle accident	Fawn Batista
33 years	Sep 27		
Rachael Samulenok	Dec 12	Waiting for heart transplant	Megan Samulenok
26 years	Sep 28		
Robyn Kulas	May 2	Car accident	Patty Kulas
8 years	Sep 28		
John Doles	Jun 6	Sniper	James & Susan Appleman
29 years	Sep 30		

September 2010

The Compassionate Friends  
Pikes Peak Chapter  
P.O. Box 26239  
Colorado Springs, CO 80936



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of the  
Pikes Peak Region