



THE COMPASSIONATE FRIENDS

PIKES PEAK CHAPTER
Supporting Family After a Child Dies



September, 2018

STEERING COMMITTEE

CHAPTER LEADER

Currently Open

MAILINGS & DATABASE

Jane & Steve Gabriel

Son, Jonathan Steven Gabriel

TREASURER

Ruby Doyle

Son, Patrick Michael Doyle

NEWSLETTER EDITOR & EMAILINGS

Stewart Levett

Son, Aaron Paul Levett

SC MEMBER/FACILITATOR

Chaela Christianson

Son, Damon Vincent Christianson

SC MEMBER/WELCOME PACKETS

Leta Levett

Son, Aaron Paul Levett

SC MEMBER/FACILITATOR

Ron Agee

Daughter, Melody Victoria Agee

TELEPHONE FRIENDS

Any of these members may be contacted to talk about your loss:

DRUG / ALCOHOL LOSS

STEWART & LETA LEVETT - 719-531-5488 *

LEUKEMIA

JANE & STEVE GABRIEL - 719-282-1924 *

ADULT CHILD / SUDDEN DEATH

CHAELO CHRISTIANSON - 719-687-6688 *

SKATEBOARD / AUTO ACCIDENT

RAYE WILSON - 303-814-9478

MOTORCYCLE DEATH

STEVE SEIFERT - 719-331-6455

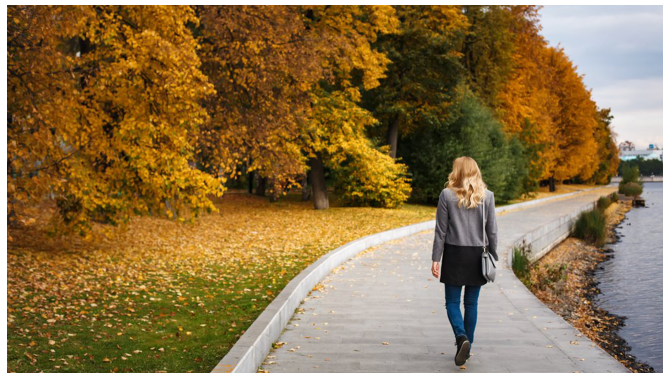
*Steering Committee

Welcome

Our support group meets on the 3rd Thursday of each month at 7 p.m. Meetings are open to the parents, grandparents and older siblings of your loved one. We meet at the First Baptist Church downtown at 317 E. Kiowa. We understand your pain; won't you let us help you through your grief?

The death of your child is probably the most traumatic, life-changing event that you will ever experience. The Compassionate Friends is an organization of parents who have also lost a child to death. Each of us has experienced the deep, searing pain that you are feeling now. Each of us has turned to other parents who were farther into their grief journey for guidance, support and understanding. This is done through our monthly meetings, our newsletter, our website, our Telephone Friend program, our library and our e-mail program. Each month parents find our meeting to be a safe place where they can talk about their pain and problems with others who are uniquely qualified to understand; bereaved parents offer gentle suggestions or often simply listen. We invite you to bring a friend to your first few meetings until you feel a level of comfort with the group. Do not be surprised if we talk about the happy times with our children, the wonderful memories and the various methods we have created to keep our children close to us. It is here that many bereaved parents find hope as those who are more seasoned in their grief shine the light of experience to help illuminate each grief path. We have no dues. We are self-sustaining through donations and the generosity of so many in our community.

Our next meeting will be on Sept. 20, 2018



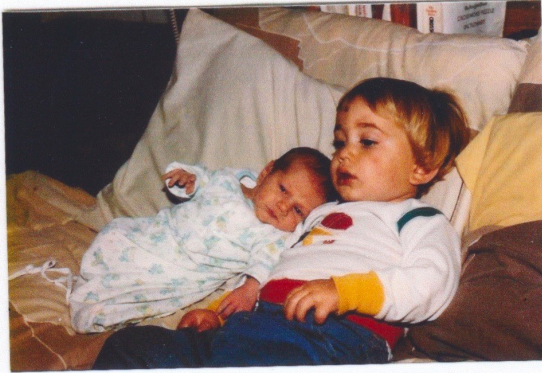


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ADAM WILLIAM HERZOG
October 5, 1982 — September 24, 1995



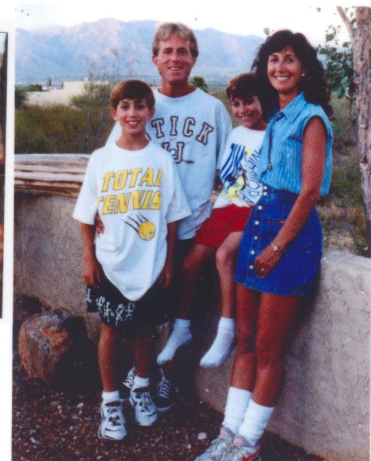
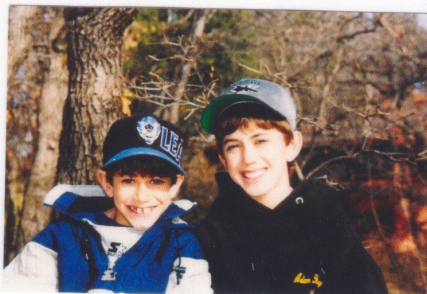
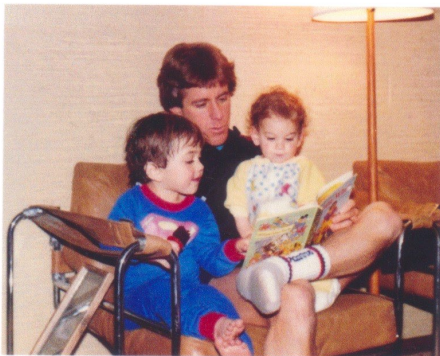
SETH MICHAEL HERZOG
September 23, 1984 — September 24, 1995

On September 24, 1995, Adam and Seth Herzog were aboard a small plane with their father, Joel, returning from a tennis tournament in Las Vegas. I had returned earlier in the day on a commercial flight. Their plane crashed in bad weather south of Pueblo. As a mother I have lived 23 years without Joel, Adam, and Seth and it is still hard for me to believe that these precious individuals are not playing tennis and laughing somewhere in the bright sunshine. Seth would turn 34 and Adam 36 years old this year.

Adam's friends remember him for his deep compassion for others and his desire to enjoy life. He was a truly gifted athlete who excelled in hockey, tennis and track. Like his father, Adam was a true friend with a huge heart.

Seth had an infectious laugh and a big tooth smile. He was quick to give hugs and was a sensitive, thoughtful boy whose eyes brought people into his caring and warm world. The boys were good friends who truly loved each other.

In loving memory of my family
Nancy Saltzman — Wife and Mother



There's this place in me where your fingerprints still rest,
Your kisses still linger, and your whispers softly echo.
It's the place where a part of you will forever be part of me.
(Author: Gretchen Kemp)



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Welcome New Friends.

At nearly every meeting we welcome new members to our group, always with mixed emotions. We are glad you found us, but we are so sorry for the circumstances that bring us together. We understand your pain; we hope our unconditional friendship and understanding will help you through your grief. Attending a meeting for the first two or three times takes courage, but for many it is the first real step toward healing. It may seem overwhelming, so we encourage you to come to several meetings to give yourself a chance to become comfortable.

TO OUR NEW MEMBERS

Coming to your first meeting is the hardest thing to do. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third, or fourth meeting might be the time you will find the right person or just the right words that will help you in your grief or comfort you. Remember we have all been there and even though circumstances may be different we really do understand. You are not alone.

TO OUR SEASONED MEMBERS

We need your encouragement and support. You are the string that ties our group together. Each meeting the pain will not always be this bad it really does get better with wisdom. Show others that there is hope, from someone who has found it.

ORGANIZATIONAL CONTACTS

TCF National Office

P.O. Box 3656

Oak Brook, IL 60522

630-990-0010 or toll free 877-969-0010

Email: nationaloffice@compassionatefriends.org

WEBSITES:

Pikes Peak - www.TCFPikesPeakChapter.org

Facebook - <https://www.facebook.com/TCFPikesPeak>

National - www.compassionatefriends.org TCF asks for donations in memory of our children who have died.

Digital Picture Frame - If you've been to one of our monthly meeting then you've noticed our large digital picture frame displaying picture of our children. Should you be interested in adding your child's picture to our display, please bring a picture to scan to our meeting or (preferred) email the picture, along with child information to Stew Levett at PikesPeakTCF@gmail.com Pictures will be returned after they have been scanned and your child's slide completed.

TCF asks for donations in memory of our children who have died.

Our chapter is funded solely through donations; therefore we sincerely appreciate your support. Your generosity helps us send newsletters, purchase brochures and cover the many expenses to help grieving families in our community. All donations are tax deductible. You and your child's name will be noted in the next newsletter. Workplace "Matching Gift" programs can increase your donation by 50-100%. Please help us help others by making a LOVE GIFT today.



Eugene Steinkirchner
Love Gift Donation - CSPD

Ursula Hill in memory of her grandson
Kyle Curtis Hill

Chaela Christianson in memory of
Damon Christianson

Pat & Connie Milligan in memory of
Amanda Hill

Lionel & Geraldine Martinez in memory of
Jeremiah Martinez.



Remembering Our Children On Their Birthdays - September

Child's Name	Birthday	Compassionate Friend
Elijah Sharp	Sep 1	Jason & Lana Sharp
Ian Steele	Sep 2	Donna Vezakis
Paul Ketterson	Sep 5	Will & Betty Ketterson
Joanna Lyn Terry	Sep 8	Jack & Joyce Terry
Shivam Mehta	Sep 9	Raj & Kanan Mehta
Dequan Maiik Hampton	Sep 10	Simona Hampton
Anton "Andy" George Horn	Sep 10	Levi & Emma Horn
Nicholle Guy	Sep 11	Lezlee Guy
Sam Skaggs	Sep 11	Jennifer Skaggs
Pierce Ford	Sep 11	Jeff & Cookie Ford
Fermin A. Vialpando	Sep 12	Sundae F. Vialpando
Keith Hampton	Sep 14	Martha Hampton
Lindsey Everding	Sep 14	Trena Everding & Dave Kiefer
Michael Ornelas	Sep 17	Annette & Chris Ornelas
Peter Joseph Noel	Sep 17	Janet Noel Starritt
Wade Lehman	Sep 17	Lori Lehman
Melissa Sue Micke	Sep 17	Alice Micke
Naomi Katherine Schwartz	Sep 18	Tim and Sonoko Schwartz
Sam Bracchi	Sep 19	Michael & Colleen Bracchi
Joseph Michael Chavez	Sep 20	Herman & Patty Chavez
Bryan Sasz	Sep 21	Bill, Donna & Stephanie Sasz
Sarah Lowes Robertson	Sep 21	Barbara Ball
Amy Mae Lugenbeel	Sep 22	Terry & Barb Lugenbeel
Leah Rae Wiley	Sep 22	Russ & Kelly Wiley
Matthew Dale Wilson	Sep 23	Raye & Rick Wilson
Seth Herzog	Sep 23	Nancy Saltzman
Courtney Marie Becker	Sep 23	Joseph Becker
Genevieve Ann "Ginger" Derby	Sep 28	David Derby
Derrick Shane Moore	Sep 28	Ray & Deanna Moore
James Michael Burroughs	Sep 29	Arlene & Charles Burroughs
Casey Olivia-Dyan Siegel	Sep 30	Lawrence & Shonda Siegel
Andria Dawnielle Bear	Sep 30	Dona & Tanya Flores
Chris Hatfield	Sep 30	Cathy Hatfield

Changing of the Seasons

The summer heat is fading and the evenings begin to cool; autumn whispers in the wind. Labor Day often signals the last "hoorah" for lazy summer days as school buses resume familiar routes and leaf-gathering chores are added to our days. In our journey towards recovery, there are also seasons. For many, autumn is a reflective time, when nature begins its own cycle of shutting down and dying. A time of quiet melancholy may fill your heart. Distant shadows of the approaching holidays begin to creep into your mind. But if you look closely, you will notice autumn sings fully her song of beauty and rebirth. She dons her finest wardrobe, filled with colors of warmth and comfort. Different are these hues than bright spring and summer florals, but how beautiful and peaceful. I see autumn as a season of inner strength, with roots reaching deep into the heart of the earth for nurturing. So as we gather leaves and find long-forgotten jackets, my wish is that the harsh edges of pain will begin to recede and the loving memories of your child bring a quiet peace and gentle warmth. —by D. Barta



Remembering Our Children On Their Anniversaries - September

Child's Name	Age	Anniversary	Compassionate Friend
Beau Matthew Begier	17 years	Sep 1	Don & Gina Begier
Ryan Pappas	18 years	Sep 1	Susan Pappas
Lance Alan Rigby	21 years	Sep 1	Deborah Rigby
Corey Reynolds	18 years	Sep 2	Barb Reynolds
Janelle Abate	38 years	Sep 2	Dwight "Ike" Schneider
Brody Richard Cisneros	7 months	Sep 3	Julie & Will Cisneros
Harvey Nicole King	4 months	Sep 4	Jerima King
Patrick Roger Pennington	17 years	Sep 4	Roger & Joan Pennington
Paul Ketterson	48 years	Sep 5	Will & Betty Ketterson
Matthew Medina	22 years	Sep 5	Vicki Schwindt
Trinity Sumlin	11 years	Sep 5	Sheryl Sumlin
Samuel Christensen	17 years	Sep 6	Stacy Christensen
Westly Cox	23 years	Sep 7	Karen Talbott
Nathan Luther	21 years	Sep 8	Lois Spangenberg
Genevieve Ann "Ginger" Derby	20 years	Sep 10	David Derby
Katie Kennedy	15 years	Sep 10	Van & Kathy Kennedy
Wyatt Travis Wilson	2 years	Sep 10	Elizabeth & Lance Wilson
Wayne Allen Garrett	17 years	Sep 12	Joyce & Greg Garrett
Ava Rose Wolfe	6 years	Sep 12	Kristy Wolfe
Desiree D'Gornaz	26 years	Sep 13	Louie & Edna D'Gornaz
Andria Dawnielle Bear	11 months	Sep 13	Dona & Tanya Flores
Eugene Harris, Jr.	23 years	Sep 15	Stacey Burciago, Gene Harris, Tonia Paguyo
Claire Palmer	21 years	Sep 17	JoAnn & Lawrence Palmer
Ryan Thompson	2 years	Sep 17	Yvette & Bob Thompson
Robert Beynon	28 years	Sep 18	Donna Beynon
Noah Christian Wilder	15 years	Sep 19	Nicole Wilder
Jeffrey Russell Schumaker	31 years	Sep 20	John & Vera Schumaker
Joanna Lyn Terry	18 years	Sep 20	Jack & Joyce Terry
Zachary Nathaniel James	17 years	Sep 21	Gloria & James Olsen
Paul Orcutt		Sep 22	Ann Blasingame
Jason Fields	32 years	Sep 22	Teresa Fields
JT Tills	4 weeks	Sep 22	Sarah Gleeson
James Russell Kempa	15 years	Sep 22	Gayle Kempa
Anadelia Vega	16 years	Sep 22	Dale Vega
Clayton Neal Brehm	26 years	Sep 23	Ramona Atkinson
William Murphy	29 years	Sep 23	Deb Murphy
Seth Herzog	11 years	Sep 24	Nancy Saltzman
Adam Herzog	12 years	Sep 24	Nancy Saltzman
Jacob Hunter Smathers	9 years	Sep 24	Patty, Becky & Renee Smathers
Jamie Jackman	9 years	Sep 25	Sherry Jackman & Knelson Spooner
Margaret McKean	39 years	Sep 26	Lilo McKean
Brian Hartzell	33 years	Sep 27	Fawn Batista
Robyn Kulas	8 years	Sep 28	Patty Kulas
Shivam Mehta	17 years	Sep 28	Raj & Kanan Mehta
Rachael Samulenck	26 years	Sep 28	Megan Samulenck
John Doles	29 years	Sep 30	James & Susan Appleman



Successful Balloon Memorial Day

Last Month we had our annual Balloon Launch Memorial and, by the number of people who turned out, it was a great success. Thirty three people prepped their balloons ahead of time before adjourning outside for our readings, music and then our release.



Writing our dedications on the balloons before release.

Chaela, Ruby and Leta did a great job of organizing the event with managing the balloons and setting up the room for our discussions after the release.

Following our outside dedication we adjourned back to our meeting room for refreshments and to breakout into informal discussion groups. As always a special cake was ordered for the occasion and enjoyed by all. If you were unable to attend our dedication then please mark your calendars for the evening of December 9th for our Worldwide Candle Lighting Service which once again will be held in the sanctuary of the First Baptist Church downtown at 7:00 p.m.



Our Memorial Cake



Some of the treats for the evening.

PIKES PEAK TCF CANDLELIGHT MEMORIAL SERVICE

Once again we request that you contact us to have your child's slide included in our memorial. Slides from previous years may be used again this year or you may submit new photos. Please limit your photos to (2) two along with a short dedication so everything will be viewable on the slide. Please remember, the better the photo you submit, the better your dedication will look.

Prior years' submissions will be read as a dedication if we don't hear back from you.

DEADLINE FOR SUBMISSIONS IS SUNDAY, DEC. 2nd.



The Compassionate Friends
Supporting Family After a Child Dies

Light a candle for all
children who have died

**Worldwide
Candle
Lighting®**

... that their light
may always shine.

**Second Sunday in December
7 PM Around the Globe**



Send to: Stew Levett
160 El Dorado Lane
Colorado Springs, CO 80919

Your Name	_____
Your Address	_____
Your Phone	_____ Email _____
Child's Name As You'd Like it to Appear	_____
Cause of Death (Optional)	_____
Child's Birthdate	_____
Child's Memorial Date	_____
Number of Pictures Included	_____
Dedication	_____
Please create my slide with information and pictures provided.	
Please use last year's slide. _____ Please return pictures when finished. _____	



Seeking Contributors

We are always looking for material from our chapter members to include in this newsletter. It is the perfect way to share your child, grandchild or sibling with all of us. Tell us about the special things you did in their memory or simply tell us the special things you will always remember and keep close to your heart. It is a beautiful way for us to get to know more about your loved one. It unites us as a bereaved family and it will help us all to become closer. Where there is unity, there is strength, strength that we can give to and draw from one other. We would also welcome any book reviews. If you have read a book that has helped you on your journey please tell us about it. There are many, many grief books out there. Some will be more healing than others. It is so helpful to be guided to the right ones. Please forward any writings, poems, book reviews etc. to Stew Levett PikesPeakTCF@gmail.com or you may use the U.S. Mail and send it to me at 160 El Dorado Ln., Colorado Springs, CO 80919.

Button, Button, We'll Make You A Button!

We have purchased a photo button machine and we are ready to start making your picture buttons. Bring 2 copies of the **SAME** picture to your next meeting and we will have it ready for you the following month. **THIS IS A FREE SERVICE TO YOU.**

Please bring your pictures to any of our monthly meetings. We will need a 3"x5" or 4"x6" photo of your child but would prefer NOT using the original photo. We suggest using Walgreens who can quickly make good 4"x6" copies from your original.

For best results make sure the photo of your child is centered and not too close to the edge or the results may not turn out as expected.

We are requesting one photo button per family to get started. Thereafter we will be able to make additional buttons for each member of the family as time and labor allows. Also, for those who have lost more than one child, we will gladly make a button for each child.

Love Gift Donations

A "Love Gift" is a wonderful way to remember your child, while also helping our TCF chapter "reach out" to bereaved families. There is no charge to attend meetings, use the library, or receive the newsletter. We depend solely upon these gifts, monetary or gifts-in-kind, to support our chapter. You may choose to donate a tax deductible "Love Gift" at any time. Let us be here for the families who do not know today that they will need us tomorrow.

Our chapter exists entirely through your donations which are tax deductible. A Love Gift is money donated to the chapter in memory of your child who has died. If you feel a Love Gift is an appropriate way to honor the memory of your child, please consider a donation, large or small. Please fill out the form located in this newsletter and mail it to the address listed. All pictures submitted will be electronically scanned and added to our electronic Child Remembered "Picture Frame" displayed at monthly meetings and then returned to you.

SUBMISSION GUIDELINES

\$50 or more - Newsletter Sponsor. May include a full page for printing. Please remember to send your page "Copy Ready" as you would like to see it printed in the newsletter.

\$25 up to \$50 - A picture, if available, and dedication to be listed in the newsletter.

\$0 up to \$25 - A Love Gift acknowledgement. All Love Gift donations should be sent directly to our treasurer, Ruby Doyle whose address is listed on the Love Gift Donation Form. Wouldn't you like to make a dedication to your child and help our chapter?

⇒ Send Love Gifts to Ruby Doyle, 6552 Lange Drive Colorado Springs, Co 80918 ⇐
Thank you for contributing and supporting the work of our local chapter!

LOVE GIFT DONATION

Costs are rising. We need your Love Gift to support our chapter & newsletter! If you can, please help.

I would like to make a donation: ☐ in Memory of ☐ a Chapter Gift

In loving memory of: _____

Love Gift Donation: \$ _____ Please make check payable to: The Compassionate Friends

Cut and mail this form with your Love Gift to: Ruby Doyle – 6552 Lange Dr. – Colorado Springs, CO 80918

Contributor Name & Address: _____

Relationship: ☐ Son ☐ Daughter ☐ Grandson ☐ Granddaughter ☐ Friend ☐ Other

Photo Enclosed: ☐ Yes ☐ No

Photo To Be Returned: ☐ Yes ☐ No





The Compassionate Friends
Pikes Peak Chapter
PO Box 51345
Colorado Springs, CO 80949-1345

September, 2018

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Dated Material - Return Service Requested

