



June/July 2017

STEERING COMMITTEE

CHAPTER LEADER Laraine Asaro-Anderson Son, Michael Edward Anderson

MAILINGS & DATABASE Jane & Steve Gabriel Son, Jonathan Steven Gabriel

TREASURER Ruby Doyle Son, Patrick Michael Doyle

NEWSLETTER EDITOR & EMAILINGS Stewart Levett Son, Aaron Paul Levett

SC MEMBER/FACILITATOR **Chaela Christianson** Son, Damon Vincent Christianson

SC MEMBER/WELCOME PACKETS

Leta Levett Son, Aaron Paul Levett

TELEPHONE FRIENDS

Any of these members may be contacted to talk about your loss:

CHAPTER LEADER LARAINE ASARO-ANDERSON - 719-344-3216 *

DRUG / ALCOHOL LOSS STEWART & LETA LEVETT - 719-531-5488 *

LEUKEMIA

JANE & STEVE GABRIEL - 719-282-1924 * **ADULT CHILD / SUDDEN DEATH** CHAELA CHRISTIANSON - 719-687-6688 *

SKATEBOARD / AUTO ACCIDENT RAYE WILSON - 303-814-9478

MOTORCYCLE DEATH STEVE SEIFERT - 719-331-6455

*Steering Committee

Welcome

Our support group meets on the 3rd Thursday of each month at 7 p.m. Meetings are open to the parents, grandparents and older siblings of your loved one. We meet at the First Baptist Church downtown at 317 E. Kiowa. We understand your pain; won't you let us help you through your grief?

Our next meeting will be on July 20, 2017.

The death of your child is probably the most traumatic, life-changing event that you will ever experience. The Compassionate Friends is an organization of parents who have also lost a child to death. Each of us has experienced the deep, searing pain that you are feeling now. Each of us has turned to other parents who were farther into their grief journey for guidance, support and understanding. This is done through our monthly meetings, our newsletter, our website, our Telephone Friend program, our library and our e-mail program. Each month parents find our meeting to be a safe place where they can talk about their pain and problems with others who are uniquely qualified to understand; bereaved parents offer gentle suggestions or often simply listen. We invite you to bring a friend to your first few meetings until you feel a level of comfort with the group. Do not be surprised if we talk about the happy times with our children, the wonderful memories and the various methods we have created to keep our children close to us. It is here that many bereaved parents find hope as those who are more seasoned in their grief shine the light of experience to help illuminate each We have no dues. grief path. We are selfsustaining through donations and the generosity of so many in our community.







Challenge and Change

As I look back over the past six years since our son died, I realize how much I have changed. When we talk about grieving, we often forget to mention that we grieve, too, for the person we were before our child died. We might have been energetic and fun loving, but now are serious and absorbed.

Our friends and family miss the old us, too, and their comments show it. "Don't you think it's time to return to normal?" "You don't laugh as much as you used to." They are grieving for the person who will never be the same again.

Like the caterpillar that shrouds itself in a cocoon, we shroud our- selves in grief when a child dies. We wonder, our families wonder – when will we come out of it? Will we make it through the long sleep? What hues will we show when we emerge? If you've ever watched a butterfly struggle form the safety of the cocoon, you'll know that the change is not quick or easy – but worth the effort.

We begin to mark our struggle from the cocoon of grief when we begin to like the new us. When our priorities become different and people become more important than things; when we grasp a hand that reaches and reach in turn to pull another from the cocoon, when we embrace the change and turn the change into a challenge, then we can say proudly, "I have survived against overwhelming odds." Even though my child's death is not worth the change in and of itself, the changes and the challenges give me hope that I can be happy. I can feel fulfilled again. I can love again.

Sherry Mutchler TCF/Appleton, WI

Seeking Contributors

We are always looking for material from our chapter members to include in this newsletter. It is the perfect way to share your child, grandchild or sibling with all of us. Tell us about the special things you did in their memory or simply tell us the special things you will always remember and keep close to your heart. It is a beautiful way for us to get to know more about your loved one. It unites us as a bereaved family and it will help us all to become closer. Where there is unity, there is strength, strength that we can give to and draw from one other.

We would also welcome any book reviews. If you have read a book that has helped you on your journey please tell us about it. There are many, many grief books out there. Some will be more healing than others. It is so helpful to be guided to the right ones. Please forward any writings, poems, book reviews etc. to Stew Levett <u>PikesPeakTCF@gmail.com</u> or you may use the U.S. Mail and send it to me at 160 El Dorado Ln., Colorado Springs, CO 80919.

Button, Button, We'll Make You A Button!

We have purchased a photo button machine and we are ready to start making your picture buttons. Bring 2 copies of the SAME picture to your next meeting and we will have it ready for you the following month. THIS IS A FREE SERVICE TO YOU.

Please bring your pictures to any of our monthly meetings. We will need a 3"x5" or 4"x6" photo of your child but would prefer NOT using the original photo. We suggest using Walgreens who can quickly make good 4"x6" copies from your original.

For best results make sure the photo of your child is centered and not too close to the edge or the results may not turn out as expected.

We are requesting one photo button per family to get started. Thereafter we will be able to make additional buttons for each member of the family as time and labor allows. Also, for those who have lost more than one child, we will gladly make a button for each child.







Welcome New Friends.

Tina Harms - Daughter, Alana Durkee Kathy Hollaway - Daughter, Lora Lee Natasha Schlenoff - Brother, Philip Schlenoff Mary Ness - Daughter, Sarah Ness Elliot Pulham - Son, Nathan K. Pulham

At nearly every meeting we welcome new members to our group, always with mixed emotions. We are glad you found us, but we are so sorry for the circumstances that bring us together. We understand your pain; we hope our unconditional friendship and understanding will help you through your grief. Attending a meeting for the first two or three times takes courage, but for many it is the first real step toward healing. It may seem overwhelming, so we encourage you to come to several meetings to give yourself a chance to become comfortable.

TO OUR NEW MEMBERS

Coming to your first meeting is the hardest thing to do. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third, or fourth meeting might be the time you will find the right person or just the right words that will help you in your grief or comfort you. Remember we have all been there and even though circumstances may be different we really do understand. You are not alone.

TO OUR SEASONED MEMBERS

We need your encouragement and support. You are the string that ties our group together. Each meeting the pain will not always be this bad it really does get better with wisdom. Show others that there is hope, from someone who has found it. Digital Picture Frame - If you've been to one of our monthly meeting then you've noticed our large digital picture frame displaying picture of our children. Should you be interested in adding your child's picture to our display, please bring a picture to scan to our meeting or (preferred) email the picture, along with child information to Stew Levett at <u>PikesPeakTCF@gmail.com</u>

Pictures will be returned after they have been scanned and your child's slide completed.

ORGANIZATIONAL CONTACTS

TCF National Office P.O. Box 3656 Oak Brook, IL 60522 630-990-0010 or toll free 877-969-0010

Email: nationaloffice@compassionatefriends.org

WEBSITES:

Pikes Peak - <u>www.TCFPikesPeakChapter.org</u> Facebook - <u>https://www.facebook.com/</u> <u>TCFPikesPeak</u> National - <u>www.compassionatefriends.org</u>

Every day loss parents move mountains in honor of their children gone too soon. They start movements, change laws, spearhead crusades of tireless activism. Why? In the hope that even just one parent could be spared from joining the club. If you've ever wondered who some of the greatest world changers are, hang out with a few bereaved parents and watch how they live, see what they do in a day, a week, a lifetime. Watch how they alchemize their grief into a force to be reckoned with, watch how they turn tragedy into transformation, loss into legacy.

Angela Miller - TCF Quad City, IL





Remembering Our Children On Their Birthdays - June, July '17

Birthday

Jun 1 Jun 3 Jun 3 Jun 3 Jun 5 Jun 6 Jun 6 Jun 6 Jun 6 Jun 10 Jun 10 Jun 13 Jun 14 Jun 14 Jun 14 Jun 14 Jun 14 Jun 16 Jun 16 Jun 16 Jun 16 Jun 17 Jun 17 Jun 17 Jun 18 Jun 18 Jun 19 Jun 20 Jun 20 Jun 21 Jun 25 Jun 25 Jun 26 Jun 26 Jun 26 Jun 27 Jun 27 Jun 28 Jun 28 Jun 28 Jul 1 Jul 1 Jul 1 Jul 1 Jul 3 Jul 4 Jul 5 Jul 6 Jul 6

Jul 7

<u>Child's Name</u>
Jacob Foreman Paul Kovacevic Madalynn Ann Bergevin Benjamin Stewart Easton Jake Matthew Tyler Schmidt John Doles Renee Lee Seiberlich Douglas Chadwick, Jr. Sandra Steckiel Mindy Baker Yancy Hufford
Carl Simco Jessica Robison Andrea Mischel Daniel Prickett Matthew Flint
Nathan Gentry Gryphen Barber Giorgiana Elizabeth Gordillo Forrest Kelly Laura Dean Jason Bradford Pfeif
Chris Barns Michael Jeffery Micke Jay William Sheridan Jim Eley Jeanne Burroughs Widmar Richard McShan
Dennis Lynn Gerringer Adam J. Hurst Robert Beynon Noah R. Wilkerson Kyleigh Peltzer
Kirsten Evelyn Cornell Amy Feight Scott David Stiegelmeyer Jimmy Schmidt James Bishara Jason Nathanial Lurch
Charlie Josh Jones Ryan Thompson Sean Michael Benjamin Steven Bondurant Timothy Scott Williams Karen Sue Crawford
Sean Thompson Chris Gettle Lisa Elaine Berns Kyle Joe Manning

|--|

<u>Compassionate l'Itenu</u>
Jan Foreman
-
Mary Kovacevic
Mollie Bergevin
Susan Stewart
Malcolm Matthew
Valerie & Jeff Schmidt
James & Susan Appleman
Joe & Leda Seiberlich
Deborah Chadwick
Beth Steckiel
Terri Baker
Patty Hufford
Loretta Chancellor
Terri Robison
Gary & Jerri Zimmerman
Jim & Elaine Prickett
Cathy Flint
Susan Gentry
Sean Barber & Cherie Barledge
Jennifer Gordillo
Cindy Bronner
Barbara Dean
Chris & Brad Pfeif
Bonnie Barns
Alice Micke
Mary & Tim Sheridan
Judy Eley
Arlene & Charles Burroughs
Paul & Angelika McShan
Kim Gerringer
Kim Troeger
Donna Beynon
Sarah Wilkerson
Ashleigh Peltzer
Will & Marion Cornell
Patty & Bill Feight
Betty Stiegelmeyer Jim & Laurie Schmidt
Phebe Bishara
Kathleen & John Lurch
Sue Jones, Angie Jones
Yvette & Bob Thompson
Kathy Benjamin
Karen Bondurant
Lea Blanc
Joy Andrews
Rick Korcsog/Frankie Thompson
Kathlene Gettle
Robert (R.J.) & Lynn Berns
Carol & Don Manning





Remembering Our Children On Their Birthdays - June, July '17

<u>Child's Name</u>	<u>Birthday</u>
Blake Smith	Jul 8
Daniel Foreman	Jul 8
Anthony James "Tony" Pisor	Jul 10
Lora Lee	Jul 11
Jack Lincoln Farrell	Jul 13
Cristoval Ornelas	Jul 13
Travis Holappa	Jul 14
Eli Witcher	Jul 16
Cris Cruz	Jul 19
Ryan Sayers	Jul 20
Dale Smith	Jul 20
Tiffany Maxwell	Jul 20
Brian Patrick Adair	Jul 21
Justin William Winner	Jul 21
Arthur Lipphardt Jr	Jul 23
Craig Matthews	Jul 24
Raven Guinevere Hosmer	Jul 24
Amanda Stocchero	Jul 24
Keltryn Lenae Brinkman	Jul 25
Alexander Pegler	Jul 26
Anadelia Vega	Jul 27
Mallory Jane Hooper	Jul 28
Michael Williams Greist	Jul 28
Scott Michael Gerwatowski	Jul 28
Michelle Howie	Jul 31

Compassionate Friend

Brian Smith Jan Foreman Cynthia Pisor-Zapel Kathy Hollaway Pamela Welch Annette & Chris Ornelas Kim & Terry Packa Phyllis Lallier Henrietta Madrid Tom & Kate Sayers Angela Smith Diane Maxwell Duane & Mary Adair Dale & Rosanne Winner Art & Chris Lipphardt Cathy Genato Terra Tice Sandy Stocchero Jim & Judy Brinkman Eric & Lisa Pegler Dale Vega Bill & Beth Hooper Judy Greist Linda Gerwatowski Annette Howie

Remembering Our Children On Their Anniversaries - June, July '17

<u>Child's Name</u>	Forever Age	Date of Death	Compassionate Friend
Evan Carara	18 years	Jun 2	Cindy & J.D. Carara
Madalynn Ann Bergevin	1 day	Jun 3	Mollie Bergevin
Billy E. Hendrickson	19 years	Jun 3	Grace & Delbert Hendrickson
Aaron Steffens	36 years	Jun 5	Lynn Nickel
Sean O'Connor	20 years	Jun 5	Dennis & Tracy O'Connor
Anton "Andy" George	13 years	Jun 6	Levi & Emma Horn
Mindy Baker	41 years	Jun 7	Terri Baker
Robert (Robby) George, Jr.	48 years	Jun 7	Robert & Margaret George
Ashley Meston	14 years	Jun 7	Jerry Meston
Jon Van Pelt	21 years	Jun 8	Claudette Van Pelt
Nicole Johnson	34 years	Jun 10	Sherry Turner
Sandra Steckiel	4 days	Jun 13	Beth Steckiel
Arthur Lipphardt Jr	24 years	Jun 15	Art & Chris Lipphardt
Gryphen Barber	1 day	Jun 16	Sean Barber & Cherie Barledge
Erica Lynn Groat	26 years	Jun 16	Linda Groat
Ryan Sayers	20 years	Jun 16	Tom & Kate Sayers
Vinnie Franz	18 years	Jun 17	Barb Franz





Remembering Our Children On Their Anniversaries - June, July '17

<u>Child's Name</u>	<u>Forever Age</u>	Date of Death
Michael Jeffery Micke	1 day	Jun 18
Giorgiana Elizabeth	4 days	Jun 19
Sara Hernandez	21 years	Jun 19
Kyle Lyon	31 years	Jun 19
Kyle Joe Manning	11 years	Jun 19
Abbi Rose Starzynski	2 years	Jun 20
Tucker Ray Graef	14 years	Jun 21
Nicholle Guy	14 years	Jun 22
Daniel Prickett	32 years	Jun 22
Karen Sue Crawford	16 years	Jun 23
James Michael Burroughs	43 years	Jun 24
Andrea Mischel	30 years	Jun 25
Jay Simco	58 years	Jun 26
Dale Smith	9 years	Jun 26
Nickolas Robert Vingren	3 years	Jun 26
Daniel J. Whisler	38 years	Jun 27
Tyler Joseph Budfuloski	2 years	Jun 28
Anthony James "Tony" Pisor		Jun 28
Stephen Lucas Tyler	19 years	Jun 28
Kade Riefenberg	19 years	Jun 29
Liam N. McDougal Lasher	11 years	Jun 29
Kimberly Ann Hayes	22 years	Jun 30
Nick Naples	17 years	Jun 30
Colby McCarley	17 years	Jun 30
Noah R. Wilkerson	5 days	Jun 30
Kyleigh Peltzer	1 year	Jul 2
Andrew Paul Whiteman	20 years	Jul 2
Damon Vincent	33 years	Jul 3
Heidi Susanne Wolfe	20 years	Jul 3
Adam Roy Hodges	5 years	Jul 4
Ramon E.G. Lucero	26 years	Jul 5
Devin John Seifert	21 years	Jul 5
Raven Guinevere Hosmer	32 years	Jul 5
Nicole Megan Yagi	9 years	Jul 5
Jay Aguanno	19 years	Jul 7
Kaitlin Bartlett	17 years	Jul 8
Shannon Diane McMahon	16 years	Jul 9
Jack C. Jefferson	5 years	Jul 11
Abigail Ruth Smelser	23 years	Jul 11
Chance Tyler Nichols	17 years	Jul 11
Cristoval Ornelas	1 day	Jul 13
Christopher Skaggs	15 years	Jul 13
Jack Lincoln Farrell	1 day	Jul 13
Zachary Dean Glenn	3 years	Jul 14
Eric Paul Deming	27 years	Jul 14
Avery Keirsey	2 months	Jul 14
Kristopher Lohrmeyer	17 years	Jul 16

Compassionate Friend

<u> </u>
Alice Micke
Jennifer Gordillo
Kayhy Hernandez
Tami Lyon
Carol & Don Manning
Sherry Starzynski
Kathy Graef
Lezlee Guy
Jim & Elaine Prickett
Joy Andrews
Arlene & Charles Burroughs
Come & Charles Dunloughs
Gary & Jerri Zimmerman
Loretta Chancellor
Angela Smith
Dale Vingren
JoAnn Mowdy
Rob & Alice Budfuloski
Cynthia Pisor-Zapel
Catherine Tyler
Andy Gibson
Ashley Snyder
Patty & Patrick Hayes
Laurie Naples
Tami Sisneros
Sarah Wilkerson
Ashleigh Peltzer
Lyle Whiteman
Chaela Christianson
David & Karen Wolfe
JoAnn Ewing
Diana & Kimber Michael
Steve & Debbie Seifert
Terra Tice
Jackie & Dennis Yagi
Jean Aguanno
Kim Bartlett
Robert & Jeanette McMahon
John & Dena Jefferson
Robin Myers
Charlie Nichols
Annette & Chris Ornelas
Ernest & Tanya Skaggs
Pamela Welch
Janice Bren, Kristin & Larry Glenn
Denise Deming
Carissa Keirsey
Dan & Lori Lohrmeyer







Remembering Our Children On Their Anniversaries - June, July '17

<u>Child's Name</u>	<u>Forever Age</u>	Date of Death	Compassionate Friend
Eli Witcher	2 days	Jul 17	Phyllis Lallier
Blake Smith	1 year	Jul 17	Brian Smith
Jeanne Burroughs Widmar	33 years	Jul 18	Arlene & Charles Burroughs
Malik Boykins	12 years	Jul 18	Matissa Dunkley
Matthew Alan Haywood	22 years	Jul 18	Roger Haywood
Roy Polhemus	•	Jul 18	Kathleen Landry & Edward Pohlemus
David Scott Mueller	19 years	Jul 19	Sandy Eversole
Ryan Rickman	11 years	Jul 19	Jean Rickman Place
Amanda Stocchero	15 years	Jul 19	Sandy Stocchero
Michael Benjamin Decker	18 years	Jul 20	Mary & Jerry Decker
Robert "Bobby" Slaughter	20 years	Jul 20	Robert Slaughter & Ginger Slaughter
Veronika Olivia Baca	1 year	Jul 22	Sharon Baca
Courtney Marie Becker	27 years	Jul 22	Joseph Becker
Travis Grimmer	29 years	Jul 23	Mary Lou Grimmer
Cathleen Bartlett Maxwell	6 years	Jul 24	Dick & Marty Maxwell
Travis Holappa	25 years	Jul 25	Kim & Terry Packa
Kari Ann Kirt	15 years	Jul 26	Lon & Andrea Kirt
Christie Fike	32 years	Jul 28	Shirley & Dan Emerson
Benjamin Stewart Easton	22 years	Jul 28	Susan Stewart
Nathan Gentry	7 years	Jul 29	Susan Gentry
Jimmy Schmidt	13 years	Jul 30	Jim & Laurie Schmidt
Jonathan Steven Gabriel	5 years	Jul 31	Steve & Jane Gabriel
Patricia Spain Boden	39 years	Jul 31	Myra Spain

"Do not let your hearts be troubled. You have faith in God; have faith also in Me. In my Father's house there are many dwelling places. If there were not, would I have told you that I am going to prepare a place for you? And if I go and prepare a place for you, I will come back again and take you to myself, so that where I am you also may be. Where I am going, you know the way." John 14:1-4



Dichaela R. Christianson In Loving Demory of Fer Son Dameon Vincent Christianson

(Day 30, 1977- July 3, 2010



Love Gift Donations

A "Love Gift" is a wonderful way to remember your child, while also helping our TCF chapter "reach out" to bereaved families. There is no charge to attend meetings, use the library, or receive the newsletter. We depend solely upon these gifts, monetary or giftsin-kind, to support our chapter. You may choose to donate a tax deductible "Love Gift" at any time. Let us be here for the families who do not know today that they will need us tomorrow.

Our chapter exists entirely through your donations which are tax deductible. A Love Gift is money donated to the chapter in memory of your child who has died. If you feel a Love Gift is an appropriate way to honor the memory of your child, please consider a donation, large or small. Please fill out the form located in this newsletter and mail it to the address listed. All pictures submitted will be electronically scanned and added to our electronic Child Remembered "Picture Frame" displayed at monthly meetings and then returned to you.

SUBMISSION GUIDELINES

\$50 or more - Newsletter Sponsor. May include a full page for printing. Please remember to send your page "Copy Ready" as you would like to see it printed in the newsletter.

\$0 to \$50 - A picture, if available, and dedication to be listed in the newsletter. Love Gift donations should be sent directly to our treasurer, Ruby Doyle whose address is listed on the Love Gift Donation Form. Wouldn't you like to make a dedication to your child and help our chapter?

⇒Send Love Gifts to Ruby Doyle, 6552 Lange Drive Colorado Springs, Co 80918⇔ Thank you for contributing and supporting the work of our local chapter!

LOVE GIFT DONATION Costs are rising. We need your <i>Love Gift</i> to support our chapter & newsletter! If you can, please help.
I would like to make a donation \Box in Memory of \Box a Chapter Gift
In loving memory of:
Love Gift Donation: \$ Please make check payable to: The Compassionate Friends
Cut and mail this form with your Love Gift to: Ruby Doyle - 6552 Lange Dr Colorado Springs, CO 80918
Contributor Name & Address:
Relationship: \Box Son \Box Daughter \Box Grandson \Box Granddaughter \Box Friend \Box Other
Photo Enclosed:YesNoPhoto To Be Returned:YesNo





THOUGHTFUL POEMS

COME SIT WITH ME

Come sit with me awhile and let me Hold your hand, I understand your sorrow and Know you need a friend.

I understand the pain that lies within your Heart,

I have felt the silent screams that tear you all Apart.

I know about the sleepless nights that last so Very long,

I understand the emptiness when you hear that Special song.

Come share with me your memories and let Me be Your friend,

You can cry, laugh or say nothing at all, And I Will understand.

Come sit with me, my friend, I'll try to help you Through. I understand, my friend, for I have Been there too.

~Judy Peckinpaugh TCF Inland Empire, CA

Seasons of the Heart

Your special days are unchanging Seasons of the heart I celebrate. Your birth, forever spring, Tender memories relate, New and green, a dream From which too soon I awake. The summer of your life was bright Laughter needed no reason, Seemingly endless days of sharing. Sixteen summers. Short in season. Your death brought winter without warning, What sense in all this can be found? Summer dreams replaced with mourning. Where is hope now? But the heart knows what The mind cannot accept That when all is lost, It is love that is left. Love knows no barriers Time or distance recognize. Love does not diminish. But is constant in our lives.

And like a summer breeze Uplifts and inspires us With healing memories. ~Peggy Walls - TCF Alexander City, AL

HEALING WORDS

Grandparents Remembrance

By Susan Mackey - TCF Rutland, Vermont We are the grieving grandparents, the shepherds of our children and grandchildren's lives. Our grief is two-fold and at times, we feel powerless to help. We seek to comfort our children in the depths of their grief and yet we need the time and space to face our own broken hearts. We have been robbed of the special tender touch a grandparent shares with a grandchild, and we have lost a symbol of our immortality. As we walk by our child's side, we both give and draw strength. We reach into their hearts to comfort them, and when they reach out to us in their distress, we begin the journey to heal together. We continue to be their guardians. We allow traditions to change to accommodate their loss. We support the new ones, which symbolize the small steps on their journey. It is in their healing that our hearts find comfort.

> Theresa Colgrove In Loving Memory of Her Sons Michael & Ryan Colgrove

LOVE

GIFTS

Trudy Crisp In Loving Memory of Her Son Tony Crisp

Carol and Don Manning In Loving Memory of Their Son Kyle Joe Manning

Chaplain Gene Steinkirchner - CSPD Chapter Gift



Refreshments will be served after the balloon release in our regular meeting room. Please join us for Fellowship and to Celebrate The Children!

Special reading, music and time to reflect, Watching the balloons dance as they lift into the sky.

THURSDAY, AUGUST 17th

Annual Memorial Balloon Release will be held at 7 pm in the First Baptist Church Parking Lot



The Compassionate Friends Pikes Peak Chapter PO Box 51345 Colorado Springs, CO 80949-1345

Նինչ չլսէ

Copyright © 2017 - NI Rights Reserved The Compassionate Friends, Inc.

Dated Material - Please Deliver Promptly - Return Service Requested